### Framwellgate Primary School Sports Premium 2019-20

Our Sports Premium allowance for the academic year 2020-21 is £17,830. In addition to this we carried over £20,907 from previous years making this year's total £38,737 The premium will be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles. The Department for Education's vision for the Primary PE and Sports Premium is that ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. We endeavour to see an improvement against the following 5 key indicators:

KEY INDICATORS												
Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school	Indicator 2: the profile of PE and sport is raised across the school as a tool for whole- school improvement	Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport	Indicator 4: broader experience of a range of sports and activities offered to all pupils	Indicator 5: increased participation in competitive sport								

	KEY INDICATORS						
Programme or Initiative	Indicator 1	Indicator 2	Indicator 3	Indicator 4	Indicator 5	Cost	Impact and Sustainability
Service Level Agreement with the Durham and Chester-le-Street School Sports Partnership  • Staff CPD  - Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.  • Inter-school competitions and festivals  - A wide variety of competitions and festivals encouraging participation and excellence in sport.	Y	Y	Υ	Y	Y	£6,900	PE coordinators attended 3 leaders meetings ran by the SSP throughout the year (the last of which being a virtual event). These sessions were always incredibly informative and contained information and knowledge about how to better the PE provision within your school. These meetings also informed us of upcoming events that could hit many of the key indicators.  The SSP always organise many different inter – school competitions and festivals which cover a wide range of sports such as football, athletics, gymnastics and many more. Unfortunately, many of the bigger events such as

#### Strategic support for HT and PE Subject Leader

 4 x ½ days working with a PE Specialist to strategically plan and ensure that PE, sport and physical activity is high quality and meets the needs of the pupils in the school.

#### • Gifted & talented support

- Opportunities for Year 5 and Year 6 to develop their sporting potential.

#### • Online PE and sport resources

 Teaching and coaching resources to enhance the delivery of PE and school sport.

### • Judo programme

- A taster session for all pupils in the school with links to a community club.

#### Intra-School Competitions and Personal Best Challenges

 An online resource which provides competitive opportunities within school and for individuals.

# • 12 hours of Gymnastics curriculum support from a PE Specialist.

 Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport.

### 18 hours of High-Quality curriculum staff mentoring by a coach in one of the following areas: Invasion Games

 Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport and provision of an after-school club.

# • 18 hours of High-Quality curriculum staff mentoring by a Dance coach

 Development of staff expertise and knowledge to enable them to deliver high quality PE lessons and school sport and the provision of an after-school club. Mini Olympics and the Durham Dash couldn't go ahead this year due to school closures.

Many children were given opportunities to participate in competitive events against children from other schools. Selected children from across Key Stage 2 were also chosen to be part of school teams, such as the football team (both girls and boys).

All staff and pupils that attended these events spoke very highly of them. Pupils showed great enthusiasm during the festivals leading to some pupils going and joining sports clubs outside of school. Achievements were celebrated in assemblies, which raised the profile of sport within the school and inspired others to join school sports teams and attended competitions in the future.

PE subject leaders met with Andrew twice to discuss the effective use of Sports Premium money and how it could be used to best improve PE provision at FMPS. These sessions were also used to develop the PE curriculum within school, ensuring all pupils got a rich and varied PE curriculum. These sessions were very beneficial and helped subject leaders to further PE provision within school.

Year 6 Gifted and Talented went ahead in January, it was attended by 3 Year 6 pupils. Students had the opportunity to take part in various sports science workshops revolving around topics such as exercise physiology, nutrition and strength and conditioning. The Year 5 events were cancelled due to COVID; however, they have been carried over to 2020/21.

The SSP website contains some fantastic resources that have greatly helped the teaching of PE this year. Resources such as the core tasks have been used widely in schools ensuring pupils were receiving a rich and varied curriculum.

## A 36-hour fitness & health education programme

- To develop pupil's knowledge of fitness and health in a fun environment
- 12 Hour intervention programme for low ability students
  - Development of fundamental movement skills.
- 12 Hour intervention programme for low ability students (fundamental movement skills) PLUS an after-school club
  - Development of fundamental movement skills.
- 3 x half days of support to create a resource bank of 'Active Burst' videos involving the students from the school.
  - Develop fun physical activity sessions than can be done in classrooms/hall to encourage students to be physically active.
- A morning 'Come Dance with Me' festival
  - Students get the opportunity to experience different dance styles.
- A 'Zumba Kids' morning
  - Students get the opportunity to experience different dance styles.
- 1 full day Katy Daley-McLean visit
  - Motivational day with international rugby player to inspire pupils to be physically active
- PE & Sport recognition pack.
  - Raise the profile of PE and school sport across the whole of the school and in the local community.

All pupils received a taster session from a local Judo club, many pupils at the school already attended this club outside of school. These sessions were thoroughly enjoyed by all and the coach made the activities fun and engaging.

Gymnastic support was cancelled this year due to COVID.

Dance support was cancelled this year due to COVID.

The Katy Daley-McLean visit is being rearranged due to COVID.

Ross Flintoff taught a Year 1 class in Spring 2 in which he taught basic invasion game principles. These sessions were fantastic not only for the pupils but also as a tool to upskill Year 1 staff in the teaching of invasion games. Ross also ran a sports club after school focused around team games and ball skills that was attended by pupils from all year groups. These sessions were very popular and developed pupils' skills at all stages of their physical development.

Zumba Kids was cancelled due to COVID

In total 18 pupils were helped by intervention sessions, these sessions were ran by Ross who helped pupils from Year 4/5 as well as Rec and Year 1 to develop their fundamental movement skills, essential to them being able to engage in normal PE lessons.

Year 6 pupils worked for 3 half days with Gemma to create Active Burst videos that have been used throughout school for assemblies and in classrooms to promote physical activity at different times throughout the school day.

Come Dance with Me was a fantastic chance for pupils to try something new and learn a new way to be active. These sessions were fun and engaging.

FMPS received a PE & Sport recognition pack in Autumn 1. Through recognising achievements in PE & Sport in

Development of an active playground     Introduction of OPAL programme and training for staff     Development of playground area to provide new, exciting areas for to stimulate physical activity amongst all pupils     OPAL programme fully resourced to sustain interest amongst pupils across the whole year and in the future.	Y	Y	Y	Y	£15,613	celebration assemblies via the presentation of certificates/wristbands/trophies the profile of PE & Sport will be raised in the school. In addition, by celebrating children who display sporting values as well as those who perform will hopefully allow more children to feel successful in the area of PE & Sport. The school also retained its Silver School Games mark which hangs in the reception area of school.  The OPAL programme has been an excellent addition to the FMPS playground with benefits clear to see in every year group. One of the clearest improvement was the increased amount of children engaging in physical activity at break and lunchtimes. Whether they are building forts out of tyres or riding around on new play equipment, the enthusiasm for the scheme is clear to see. Behaviour at break and lunchtimes has also improved, pupils are developing their ability to self-regulate and are displaying greater social skills which is leading to less conflicts on the playground. Staff have received training in OPAL and with a large display board in the school reception area it is clear that OPAL has become an integral part of FMPS therefore raising the profile of physical activity within school. OPAL has also fed into the classroom environment, pupils are happier and calmer in lessons leading to more high quality learning. The OPAL scheme is continuing to develop within school and has clear sustainability looking forward to 2020/21 and beyond.
Sports Coaching Programme (AE COACHING)     Curriculum coaching to increase teacher knowledge in the delivery of these sessions     After-school sports clubs to engage pupils in a wide variety of sporting activities.  DUE TO COVID-19 AND SCHOOL CLOSURES THE FULL PROGRAMME WAS UNABLE TO BE COMPLETED	Y		Y	Y	£1,810	AE Coaching delivered sessions to Y3 which were thoroughly enjoyed by a class who greatly benefitted from these lessons and gave them a further opportunity to get a rich and varied PE curriculum.  These lessons were a fantastic way to increase teacher PE knowledge through observation and discussion with the coach.
Sports Coaching Programme (Simply Sport)  - Curriculum coaching to increase teacher knowledge in the delivery of these sports/activities	Υ		Υ	Υ	£2,244	Sport coaching was delivered to all Year 3 - 5 in blocks over the course of the shortened year. During these sessions the coaches followed the Core tasks to ensure the pupils received a rich and varied PE curriculum. These sessions

<ul> <li>After-school sports clubs to engage pupils in a wide variety of sporting activities</li> <li>DUE TO COVID-19 AND SCHOOL CLOSURES THE FULL PROGRAMME WAS UNABLE TO BE COMPLETED</li> </ul>					were effective at upskilling staff as well as equipping staff with some fantastic teaching ideas that can be take forward into 2020/21. Children thoroughly enjoyed these lessons, particularly the sessions which included team games.
Active Breakfast Club     Fitness breakfast sessions ran by LK Health and Wellbieng     Encourage pupils to be more physically active in a fun and friendly environment  DUE TO COVID-19 AND SCHOOL CLOSURES THE FULL PROGRAMME WAS UNABLE TO BE COMPLETED	Y		Y	£620	Active Breakfast Club has been another great success this year, unfortunately sessions were cut short due to COVID, however when running, pupils thoroughly enjoyed them.  Sessions were fun with pupils from all key stages joining in. The opportunity to engage pupils in physical activity before the official start of the school day was greatly beneficial to the mind-set of the pupils that attended and really set them up for the day ahead.
Programme focused on Reception students to develop fundamental movement which will allow them to access the PE Curriculum/ Sporting activities in future years  DUE TO COVID-19 AND SCHOOL CLOSURES THE FULL PROGRAMME WAS UNABLE TO BE COMPLETED	Υ	Y	Υ	£492	This programme focused on Reception students was a fantastic way to better prepare them for the PE curriculum ahead as they move through the school. Sessions were also beneficial for staff, who were upskilled during the sessions and could enhance their own PE lessons in the future with some of the activities that had observed.

A number of the programmes above were unable to run in full due to the COVID-19 Pandemic. The underspend of £11,058 due to school closure will be allocated to the budget plan for the 2020-21 academic year