



**Framwellgate Moor  
Primary School**

**Policy for Physical  
Education  
2022/23**

# FRAMWELLGATE MOOR PRIMARY SCHOOL

## POLICY FOR PHYSICAL EDUCATION

### *Aim:*

*Establish an 'active school' ethos and environment which will increase activity levels and promote health within and outside the curriculum.*

### **Rationale for Physical Education**

At Framwellgate Moor Primary School we believe that physical education develops pupils' physical competence, confidence and skills and helps promote positive attitudes towards active and healthy lifestyles, across the range of areas of activity, involving all National Curriculum elements:

- Acquiring/developing skills
- Selecting/applying
- Improving and evaluating
- Knowledge and understanding of fitness and health
- Working alone and with others
- Applying safety procedures

### **Objectives for Physical Education**

Framwellgate Moor Primary School aims to:

- Provide a curriculum that satisfies the needs of the National Curriculum and enable pupils to fulfill their potential.
- Deliver a minimum of 2 hours high quality P.E. and Sport.

- Develop a whole school approach to promoting physical activity.
- Develop an understanding of the important role of exercise in achieving and monitoring a healthy lifestyle.
- Develop co-operation, through working with others.
- Establish good habits and awareness of safety and personal hygiene.
- Develop and appreciate the need for determination and perseverance in the acquisition of personal skills.
- Encourage pupils to comment constructively on their own performance and that of others.
- Develop pupil's self-confidence and self-esteem.
- Promote enjoyment through physical activity.
- Develop an appreciation of fair play and respect for others.
- Provide sporting links within the local community.
- Provide worthwhile out of school activities.
- Create the stimulation and interest to encourage life-long participation in sport.
- Develop knowledge of different cultures, (e.g. in traditional dance), and recognise how sport can transcend cultural boundaries.

### **Entitlement for Pupils in Physical Education**

At Framwellgate Moor Primary School our rationale applies to all children regardless of age, gender, race and faith, and is inclusive to children of all abilities. Pupils can access a broad and balanced PE curriculum, which meets the

specific needs of individuals and groups of pupils. Lesson planning and delivery tries to ensure children are provided with appropriate and effective opportunities to actively participate and benefit from the whole range of learning opportunities offered within and outside of the curriculum.

At Framwellgate Moor Primary School when planning and teaching the National Curriculum, we adhere to the following principals:

- Setting suitable learning challenges.
- Responding to pupil's diverse learning needs.
- Overcoming potential barriers to learning and assessment for individuals and groups of pupils.

Lessons if appropriate could be differentiated by task and outcome. A range of PE resources are available to be used and apparatus can be modified to allow pupils to work at different levels and at their own pace.

Pupils of mixed ability are often grouped together to aid and to encourage progress through peer and reciprocal teaching approaches. To achieve these objectives:

- Modify activities where necessary, change space, equipment, rules and time.
- Set up parallel activities e.g. ability matched games, standing or seated activities.
- Use adapted games from Top Sports Cards for children with higher support needs.

## Planning

### Early Years (EYFS):

Early Years children learn by being active and physical development takes place across all areas of their learning and development. Planning uses the Early Years planning format as it is one of the six areas of learning. Hoopstars are employed to work with all Early Years pupils (Caterpillars/Butterflies/Reception) to physical movement/flexibility and balance skills. This is taught weekly for the Autumn and Spring terms annually.

The end of foundation stage expectations in terms of 'Moving and Handling' and 'Health and Self – Care' are outlined below:

### Expected

- Moving and handling – Children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space.
- Health and self-care – children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.

### Exceeding

- Moving and handling – Children can confidently hop and skip in time to music.
- Health and self-care – Children know about and can make healthy choices in relation to healthy eating and exercise. They can dress and undress independently, successfully managing fastening buttons or laces.

Children access a range of daily activities to develop their fine and gross motor skills and have access to a dedicated outside area. In addition to this, they also have two weekly PE lessons.

### Key Stage 1:

At Key Stage 1 teachers use School Sport Partnership resources and core tasks for Physical Education. This scheme ensures continuity and progression in all areas of P.E.

Teachers ensure that National Curriculum Programmes of Study are met on an annual basis. This incorporates Dance, Games and Gymnastics.

In addition to this Sports specialist coaches work alongside class teachers to enhance their knowledge and delivery of specific P.E areas.

### Key Stage 2:

At Key stage 2 teachers continue to use School Sport Partnership resources and core

tasks for Physical Education, which covers all National Curriculum areas and QCA objectives for P.E.

In addition to this Sports specialist coaches work alongside class teachers to enhance their knowledge and delivery of specific P.E areas.

## **Delivery of Physical Education**

### **Early Years and Foundation Stage:**

The Early Years curriculum is designed to incorporate physical development into all aspects of a pupils school day. They learn by being active and physical development takes place across all areas of their learning. Physical development helps children to gain confidence in what they do and helps them to feel the positive benefits of being healthy and active.

All children in the Early Years setting have the opportunity to spend 50% of their time indoors and 50% outdoors.

### **Key Stage 1:**

Children are taught in their year group classes by their teacher. On occasion specialist coaches may work alongside the class teacher to share and expertise in the PE unit.

All Key stage 1 children receive 2 hours of high quality P.E per week.

In addition to normal PE lessons all pupils will be given the opportunity to access and attend one interschool sports competition during the academic year.

### **Key Stage 2:**

Children in Upper Key Stage 2 (Y5 & 6) take part in 2 hours of high quality P.E. a week. This is led by teachers, coaches or a combination of both. Year 5 and 6 also attend top up swimming on a Friday afternoon at Freemans Quay Swimming pool in Durham City (2018 - 19).

Lower Key Stage 2 (Y3 & 4) take part in 2 hours of P.E each week in their Year group classes. Year 3 incorporate 1 hour of swimming into their P.E timetable. This takes place at Freemans Quay Swimming pool in Durham City.

In addition to normal PE lessons all pupils will be given the opportunity to access and attend one interschool sports competition during the academic year.

## **Recording and Assessment**

We consider that assessment is part of the whole school curriculum. Teacher assessments will be made for each child as he or she progresses through the school. Pupils achievements will be recorded on the Capita SIMS programme once a term and swimming recorded on the Swimathon programme.

Children are assessed through the completion of core tasks for each unit of PE.

### **Evidence of Attainment**

Evidence of attainment is available in the assessment grid evaluation sheets and in KS2 swimming grades.

### **Evaluation**

We consider it important to evaluate the effectiveness of the teaching and learning processes. Criteria for evaluation will reflect the objectives set out in the document and whether they have been met. Evaluation will also consider the effective delivery of the programme of study and attainment target for Foundation, Key Stage 1 and Key Stage 2. At regular staff meetings there are opportunities to discuss the implementation of the P.E. curriculum.

### **Monitoring**

The P.E. curriculum leaders are responsible for co-ordinating the teaching programme according to the developing needs of the class teachers and for providing a framework for continuity and progression throughout the school. The P.E. co-ordinators provide support and guidance and monitor the effectiveness of the teaching and learning processes in the P.E. curriculum.

### **Resources**

P.E. equipment and apparatus are stored in the P.E. cupboard and around the perimeter of the hall. Movement tapes are kept with teachers according to year groups. Texts are available on the P.E. shelf in the staff room and P.E coordinators classroom. Items are replaced according to need.

### **Dress**

All pupils have a school P.E. kit consisting of a blue t-shirt and shorts. All jewellery will be removed for P.E. lessons and in the event of recently pierced ears then the stud should be covered with a sticking plaster in order to protect the pupil and teacher from personal injury. Long hair should be fastened back. Children who wear glasses should be given special attention if they wish to remove them for P.E.

### **Health and Safety Issues related to Physical Education**

The school is committed to pay due regard to the health and safety issues of pupils in Physical Education, (see guidelines for further information).

### **Subject Co-ordination**

The subject coordinators are responsible for monitoring progression and continuity in Physical Education. The coordinators are responsible for monitoring planning and resources.

The subject coordinators is also the Primary Link Teachers (PLT), with specific responsibility for providing the school link to the Durham School Sport Partnership Programme (Durham SSP).

**Date: July 2022**

**Reviewed Annually Next Review Date: July 2023**